# GO-TO TALKING POINTS

**Let's talk!**
**One of the best ways to enlighten people is through discussion**

## PSYCHOLOGICAL TALKING POINTS

**IF THEY SAY:**
*Gender (and sex) is a spectrum (as proven by the existence of intersex).*

**YOU CAN ASK:**
*What do you know about intersex?*

**WHAT YOU CAN SAY:**
Intersex is a natural variation in human biology. Intersex is about physical sex characteristics not gender identity or sexual orientation. Intersex involves variations of X and/or Y chromosomes. Individuals with more than 2 chromosomes still are one sex or the other regardless of genitalia.

**IF THEY SAY:**
*It only affects a small group so what's the harm?*

**YOU CAN ASK:**
*What do you consider a small group?*
*Doesn't every life matter?*
*If it's such a small group, then why are we seeing it regularly?*

**WHAT YOU CAN SAY:**
Actually, it affects everyone. Society is being impacted on many levels in attempts to accommodate individuals with gender dysphoria.

**IF THEY SAY:**
*Regret is rare.*

**YOU CAN ASK:**
*How do you know this?*
*What do you base that statement on?*

**WHAT YOU CAN SAY:**
Follow-ups at clinics are rare and not longitudinal. People who regret rarely return to the clinic that treated them to report it. Many who do were ignored or turned away. Credible studies give a very conservative estimate of 30% regret but state it is more likely to be 80%.

**IF THEY SAY:**
*Trans rights are like gay rights. They deserve human rights.*

**YOU CAN ASK:**
*What are trans rights?*
*What are human rights?*
*What human rights do they NOT have?*

**WHAT YOU CAN SAY:**
There are many differences between sexual orientation and gender identity. For example, being gay does not require affirmation from friends and families; it does not require compelled speech with regards to names and pronouns; and it does not need lifelong medical intervention that carries a heavy burden on the body. Medical transition leads to infertility, sexual impairment, and significant health complications. Such serious consequences require that concerned adults assure that any permanent decisions are made with due care and consideration.

With gay rights, the message is you are perfect the way you are. With trans rights, you have to change your body to fit who you think you are.

Being gay does not compel a denial of biological reality.

**IF THEY SAY:**
*Using preferred pronouns is just being polite/respectful.*

**YOU CAN ASK:**
*Or is it being complicit?*
*Isn't that considered compelled speech?*

**WHAT YOU CAN SAY:**
Use of pronouns has unknown consequences on young people's psyches. Changing pronouns might create a feeling of inauthenticity in your relationship with the person. When a person is vulnerable and impressionable, we should maintain authenticity and healthy connection.

The causes of gender distress may only become clear with the benefit of hindsight: factors such as trauma and grief may have profound effects on young minds.

The Cass Report (2024) concluded that social transitioning, such as using preferred pronouns, is not a benign act.

**IF THEY SAY:**
*ROGD is debunked.*

**YOU CAN ASK:**
*Debunked by who?*
*Why are we dismissing ROGD, is that not bigotry?*

**WHAT YOU CAN SAY:**
Rapid Onset Gender Dysphoria (ROGD), in fact, continuing to be further established in ongoing research.

**IF THEY SAY:**
*Kids know their gender as early as 3.*

**YOU CAN ASK:**
*What is gender? How would a 3 year old understand gender? What is the difference between sex and gender?*

**WHAT YOU CAN SAY:**
No child can understand gender. Gender is a construct, sex is biological.

**IF THEY SAY:**
*Parents who don't affirm don't love their child or are religious /conservative / homophobic /transphobic.*

**YOU CAN ASK:**
*Is supporting dysphoria and self harm love?*

**WHAT YOU CAN SAY:**
Affirming physical and emotional harm is not love. Acceptance and support of our children as they are is love.

**IF THEY SAY:**
*People are born trans, they can't help it any more than being gay.*

**YOU CAN ASK:**
*What defines being "born trans"?*
*What is the difference between identity and biology?*

**WHAT YOU CAN SAY:**
Trans is an ideology or an identity, not an orientation.

**IF THEY SAY:**
*Trans people have always existed.*

**YOU CAN ASK:**
*How do you know this?*
*Are you sure these aren't just cross-dressers with autogynephilia?*

**WHAT YOU CAN SAY:**
Adults with gender dysphoria have existed for many years, these individuals were treated for their dysphoria in a similar manner as other dysphoric conditions like anorexia.

# MEDICAL TALKING POINTS

**IF THEY SAY:**
*Gender Affirming Care (GAC) prevents suicides.*

**YOU CAN ASK:**
*What scientific sources have you read to reach that conclusion and opinion?*

**WHAT YOU MIGHT SAY:**
People who have medically transitioned are 19 times more likely to die by suicide than the general population.

The statistics supporting trans suicide is extremely faulty; All robust studies prove the opposite.

**IF THEY SAY:**
*Gender surgery is extremely rare.*

**YOU CAN ASK:**
*What is considered rare?*
*Don't all individuals deserve proper care and attention without irreparable harm?*

**WHAT YOU MIGHT SAY:**
In the past, when gender dysphoria was rare and vigorously vetted, surgeries were rare. These numbers have exploded as the number of gender dysphoric youth has exploded by 5000%.

**IF THEY SAY:**
*Gender surgeries have been used for non-gender reasons (e.g. breast cancer) so opposing it is only because of bigotry.*

**YOU CAN ASK:**
*Define how that is bigotry?*

**WHAT YOU MIGHT SAY:**
Mastectomies for cancer cannot be compared to removing healthy breasts for aesthetics. Breast cancer survivors speak of how traumatizing it was to have them removed.

**IF THEY SAY:**
*GAC is reversible.*

**YOU CAN ASK:**
*Are sterility, vaginal atrophy, receding hairline, loss of breasts and osteoporsis reversible?*

**WHAT YOU MIGHT SAY:**
Impact of cross sex hormones, breast growth, loss of fertility, receding hairline,voice changes and death by blood clots are not reversible.

Genital reassignment does not create functional genitalia and is NOT reversible.

**IF THEY SAY:**
*Blockers have no side effects and are reversible.*

**YOU CAN ASK:**
*What scientific evidence do you have to support that statement?*

**WHAT YOU MIGHT SAY:**
Lupron was originally given to male prisoners in order to chemically castrate them, its use was stopped because the side effects were deemed to be cruel and unusual punishment.

Lupron was also used to treat endometriosis but now there is a class action lawsuit against its maker, Abbvie Pharmaceuticals, due to the myriad of adverse effects on adult women, including migraines, joint pain, bone demineralization, brain fog, and becoming wheelchair-bound.

Why would Abbvie push Lupron's use as a puberty blocker for gender dysphoric kids?

Puberty blockers prevent the brain from maturing at a critical stage in brain development. It doesn't restart after stopping blockers. Previous studies have shown that when children are allowed to go through puberty naturally and the brain matures, dysphoria stops. if the brain isn't given the chance to develop, it only entrenches the dysphoria.

## LEGAL TALKING POINTS

| IF THEY SAY: | WHAT YOU CAN SAY: |
| --- | --- |
| *There are safeguards. You have to pass through many hoops to get GAC in Canada.*<br><br>**YOU CAN ASK:**<br>*What are the safeguards specifically? How do you know there are safe guards and that they are being applied?*<br>*Are you certain?*<br>*Do you have first hand knowledge or experience with GAC?* | Bill C4 (2021) has been widely interpreted as making it illegal to ask questions and explore alternative possibilities, such as talk therapy.<br><br>It is illegal to deny access to medical “care”.<br><br>Medical prescriptions and referrals are empty formalities given out on request after brief consultations.<br><br>In order to receive gender affirming care including puberty blockers, cross sex hormones and gender reassignment surgery there is no standard to require an official diagnosis of gender dysphoria. Self diagnosis is acceptable at any age.<br><br>You do not have to have a diagnosis together with Gender Affirming Care (GAC). Merely require self diagnosis at any age.<br><br>There are in fact no age restrictions in practice. |

## SPORTS TALKING POINTS

| IF THEY SAY: | WHAT YOU CAN SAY: |
| --- | --- |
| *Trans athletes do not have unfair advantage.*<br><br>**YOU CAN ASK:**<br>*Why don’t we see trans men in male sports if there is no biological advantage?* | The biological advantages of males are basic biology and physiology. It’s evident in everyday life. |